COMMUNION

May 2023

Communion is all about remembering our L.J.C. But how can we remember someone we have never met? We have never seen Jesus Christ. We don't know what He looks like. We have never heard Him speak.

We remember Jesus Christ through what we learn from the Word of God. The more doctrine we learn, the **more we can remember about Him**, the more we **trust Him**, the more we **love Him**, and the more we **appreciate** Him.

We live in exceedingly perilous times that are so evil that we can easily focus on how huge our problems are, rather than remembering how awesome our Lord Jesus Christ is.

He is omnipotent and omniscient and humans and angels are not. He is in control of all things and He has allowed corrupt, evil, liars to take over our government. He removes kings and establishes kings.

<u>Daniel 2:21</u> And it is He who changes the times and the epochs; He removes kings and establishes kings; He gives wisdom to wise men, And knowledge to men of understanding.

<u>Proverbs 8:15</u> By me kings reign, And rulers decree justice.

<u>Luke 1:52</u> He has brought down rulers from their thrones, And has exalted those who were humble.

<u>Daniel 4:17</u> And the decision is a command of the holy ones, In order that the living may know That the Most High is ruler over the realm of mankind, And bestows it on whom He wishes, And sets over it the lowliest of men."

<u>Psalm 75:7</u> But God is the Judge; He puts down one, and exalts another.

<u>Acts 13:22</u> "And after He had removed him (Saul), He raised up David to be their king,

We don't know what the future holds for our country or for us, but we know who controls the future and should remember that we are His children, He loves us, and He will never ever forsake us.

It doesn't matter what our challenges are as individuals; it may be financial problems, health issues, family problems etc. we are to pour out our troubles out to God and He will help us, He is for us, not against us!

<u>Psalm 62:8</u> Trust in Him at all times, O people; Pour out your heart before Him; God is a refuge for us. Selah.

<u>Psalm 42:4</u> These things I remember, and I pour out my soul within me.

<u>Psalm 142:2-3</u> I pour out my complaint before Him; I declare my trouble before Him. 3) When my spirit was overwhelmed within me, Thou didst know my path. In the way where I walk They have hidden a trap for me.

<u>Lamentations 2:19</u> "Arise, cry aloud in the night At the beginning of the night watches; Pour out your heart like water Before the presence of the Lord;

<u>Philippians 4:6-7</u> Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7) And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus.

Two Elements: **UNLEAVENED BREAD** represents the perfect sinless humanity of J.C.

The unleavened bread the Israelites ate on the Feast of Unleavened Bread represented the sacrifice of the Lamb of God who takes away the sin of the world.

"Bread" i.e. food sustains life. J.C. is the bread of life, He gives and sustains life.

John 6:35 - Jesus said to them, "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.

Anyone can eat, anyone can believe in Christ (eat of the living bread)

<u>John 6:51</u> "I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever;

Christ was born in Bethlehem which means "House of Bread"

He was wounded for out transgressions and bruised for our iniquities, the transgressions of our peace was upon Him.

THE CUP represents the sacrifice of Christ for us on the cross.

He died twice on the cross and voluntarily gave up his life for us.

His sacrifice is the only thing that satisfies the justice and +R of God. It is the only thing that stands between us and the Lake of Fire.

He conquered sin and death on the cross so they no longer have power over us.

1 Corinthians 15:55-57 o death, where is your victory? o death, where is your sting?" 56) The sting of death is sin, and the power of sin is the law; 57) but thanks be to God, who gives us the victory through our Lord Jesus Christ.

All we like sheep have gone astray and He laid upon Him the iniquity of us all.